

THE PARTNERS

SZCZECINSKA SZKOLA WYZSZA COLLEGIUM

BALTICUM (Coordinator) | Poland

Founded in 2000 is continuously ranked as one of the best private universities in northern Poland. School authorities have managed to build an institution that gives its students a solid education and thus a great start to their professional life.

✿ www.cb.szczecin.pl

CYPRUS UNIVERSITY OF TECHNOLOGY | Cyprus

The Cyprus University of Technology was founded in Limassol in 2003. Through its departments, promotes University cooperation with local industry and the economic sector in order to participate in the national effort to innovate and constantly improve products and services.

✿ www.cut.ac.cy

ANZIANI E NON SOLO S.C.S | Italy

Anziani e Non Solo is a non-profit organization working since 2004 in the field of social innovation, with a specific focus on management of projects and realization of services and products in the field of welfare and social inclusion.

✿ www.anzianienonsolo.it

ALZHEIMER BULGARIA ASSOCIATION | Bulgaria

is a non-governmental voluntary organization in community interest, established in 2003. It unites the efforts of families and professionals to improve the quality of life of people affected by dementia. The organization provides practical services and support for people with dementia and their caregivers throughout the country.

✿ www.alzheimer-bg.org

ATHENS ASSOCIATION OF ALZHEIMER'S DISEASE & RELATED DISORDERS AAARDR | Greece

Athens Association of Alzheimer's Disease and Related Disorders is a non-profit organization founded in 2002 by carers of people with dementia and health care professionals interested in Alzheimer's Disease (AD). It aims at promoting awareness, care and support for everyone.

✿ www.alzheimerathens.gr



E-health literacy is a priority for the European Union.

Health Literacy has been defined as the cognitive and social skills which determine the motivation and ability of individuals to gain access, to understand and use information. It is, therefore, extremely important to promote the people access to health information and their capacity to use it effectively.

Limited research has been done on the internet use and the level of health and ehealth literacy of carers of frail older people and people with dementia providing usually confusing results.

e-Lily project aims to train caregivers of people with dementia on the use of the Internet, providing skills and knowledge to help them to search and understand medical information and support.

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eLILY

**eHEALTH LITERACY LEARNING SKILLS
AMONG CARERS OF
OLDER PEOPLE AND
PEOPLE WITH
DEMENTIA**



**A BLENDED TRAINING PROGRAMME FOR CARERS
OF FRAIL OLDER PEOPLE AND PEOPLE WITH DEMENTIA**



<https://elily.eu>

ABOUT THE PROJECT

eLily project aims to provide a blended training programme (class sessions and elearning course) for carers of frail older people and people with dementia based on Lily theory model developed by Norman and Skinner, integrating additionally dimensions presented by Chan & Kaufman, Gilstad and adapted to fit the web 2.0 technology requirements.

The e-learning programme will facilitate the class goals and will include selected modules that will assist carers training.

All involved countries (Poland, Italy, Bulgaria, Greece and Cyprus) are countries with low rate of health-related internet use among older people.



THE RESOURCES DEVELOPED WILL INCLUDE:

COMPARATIVE RESEARCH REPORT

Partners will prepare a comparative report about the health literacy and use of internet in each involved country. The report will be preceded by the survey about the similarities and differences of carers in each country, the level of health and ehealth literacy and the use of internet for health related information.

TRAINING METHODOLOGY

This output will be a training curriculum and the related methodology to improve the ehealth literacy skills of informal carers of older persons.

STUDENT'S TOOLKIT

A set of tools that learners will be able to use at home to review the concepts learnt in the class and to strengthen the skills acquired during the training course:

- ✂ A handbook, providing background information, summarizing the concepts explained by the trainer and including further reading suggestions and bibliography.
- ✂ An exercise book, presenting a set of exercises that the learner can do at home to practice the acquired skills.
- ✂ A Glossary, including words referring to health-related issues as well as to ICT and media features.

THE TRAINING

This project aims to provide a blended training programme for carers of frail older people and people with dementia, an intervention designed to help them face challenges associated with their caring role. Beyond the class sessions, an e-learning course will be available. It will be based on the learning from the research and the intervention developed.

The e-learning course, available in all partners' languages, will be accessible for free. For each module, users will be able to go through interactive resources. Upon completion of the course, participants will be able to download an attendance certificate as well as an open-badge confirming their acquired knowledge.

