





## ELILY PROJECT WEBSITE LAUNCH: E-HEALTH LITERACY TRAINING PROGRAMME FOR CARERS OF FRAIL OLDER PEOPLE AND PEOPLE WITH DEMENTIA

The Erasmus+ funded "Elily" programme is pleased to launch its new websitehttps://elily.eu/.

The webplatform will deliver the results of the 2 year pan-European initiative aimed at training caregivers of people with dementia and caregivers of frail older people on the use of the Internet, providing skills and knowledge to help them to search, understand, assess and apply medical information and support.

The project is based on Lily theory model developed by Norman and Skinner (2006), integrating additionally dimensions presented by Chan & Kaufman (2011), Gilstad (2014). The model will be adapted to fit the web 2.0 technology requirements.

The core of the intervention is to provide a set of tools and a training curriculum to support carers to select the online resources, search and find useful information and apply the knowledge gained to addressing or solving a health problem.

The training initiatives will be based on preliminary research on the HEALTH LITERACY AND the use of INTERNET in each involved country.

The training action will involve the development of a freely available e-learning course translated in all partners' languages.

The modules will focus on the basics of navigation and the use of social channels and communication tools in general..

The multilingual web-platform will feature news, blogs, project's findings and updates, such as reports, policy briefs as well as opportunities for collaboration, e.g. events announcements, workshops and face to face training sessions. The website will be available in English, Italian, Greek, Polish and Bulgarian.

The programme, currently in its first phase, is co-ordinated by the Szczecinska Szkola Wyzsza Collegium Balticum (Poland) and delivered in partnership with 4 European partners, namely CYPRUS UNIVERSITY OF TECHNOLOGY (Cyprus), ANZIANI E NON SOLO SOCIETA COOPERATIVA SOCIALE (Italy), Alzheimer Bulgaria (Bulgaria), ATHENS ASSOCIATION OF ALZHEIMER'S DISEASE & RELATED DISORDERS (Athens)



## **NOTES TO EDITORS**

Health Literacy has been defined as the cognitive and social skills which determine the motivation and ability of individuals to gain access, to understand and use information. It is, therefore, extremely important to promote the people access to health information and their capacity to use it effectively.

- To find out more about the E-lily Programme and to get involved in the activities please follow the link https://elily.eu/about-the-project/
- •Elily is co-funded by the European Commission under the Grant Agreement: 2018-1-PL01-KA204-050659
- For more information: Contact (in the translated version add the contact for the local contexts)

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