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**eLILY**



Co-funded by the  
Erasmus+ Programme  
of the European Union

**eHEALTH LITERACY LEARNING SKILLS AMONG CARERS OF  
OLDER PEOPLE AND PEOPLE WITH DEMENTIA**



# **Evaluation of the Curriculum**

**Pilot study  
Study protocol  
Lead Partner: CUT**

 <https://elily.eu>

# Aims of the Piloting

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- 1) to assess the **appropriateness** (how relevant are the contents developed) and **adequacy** (how adequate are the contents developed per module) of the contents of the face to face
- 2) to **evaluate** the level of the eHealth Literacy and internet skills before and after the training
- 3) to **assess** the usability of the eLearning training for enhancing the eHealth Literacy skills of carers of older people and people with dementia.



# Recruitment

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- 10-15 convenience sample of informal carers or older people and/or people with dementia per country
- The partners in every country will be responsible for the recruitment.
- Anziani e non Solo, Collegium Balticum and Cyprus University of Technology may recruit carers of older people and not only of people with dementia



# Inclusion Criteria

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- Informal carer (primary or secondary) of a care-recipient who need support in the activities of daily living (e.g. mobility), or diagnosed with a chronic condition;

In case that two people from the same family wish to take part in training that is feasible and doesn't oppose the aims of the training.

- Access or owning a laptop, smartphone or a tablet; In case that carers haven't access to the equipment and the partner can provide it for the period of the training, the carers are eligible
- Carers participating in the same group need to have the same level of basic digital skills.
- Being above 18 years old
- Speak the national language of each country



# Delivery of the intervention

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- The proposed delivery of the face to face course will be flexible and based on the needs of the countries.
- Min: 2 combined sessions or max 4-5 meetings twice a week. (1 session is not adequate for the aims of the training)
- One or two trainers
- Maximum 10 carers.



# Assessment

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- Demographics: gender, age, education, employment status, relation with care-recipient, years of care and hours of care per day and self-reported socioeconomic position
- Internet use Questions
- SILS
- 3 questions of the eHeals-Carer on the evaluation of the information
- 4 questions on course delivery
- Questions to the Trainers



# Internet Use Questions

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- Do you use the Internet?                      NO  0    YES  1
  - If yes, how often do you use the internet (once a month, few times a month, few days/week, every day)
  
- Do you use the internet to search for disease- specific Information for the care-recipient?    NO  0    YES  1
  - If yes, how often do you search for the disease of the person you care for ? (once a month, few times a month, few days/week, every day)



# Single Item Literacy Screener

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How often do you need someone else's help in order to read instructions, leaflets or other printed material from your doctor or pharmacy? Morris et al, 2006  
High correlation with S-TOFHLA (functional health literacy)





# eHeals-Carer dimension 2

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Item 6: “I have the skills I need to evaluate the resources/information I find on the Internet concerning the health and caregiving of my friend/relative.”

Item 7: “I can tell high quality resources/information from low quality resources/information on the Internet concerning the health and caregiving of my friend/relative.”

Item 8: “I feel confident in using information from the Internet to make decisions concerning the health and caregiving of my friend/relative.”

Efthymiou et al, 2019



## Curriculum training Questions appropriateness and adequacy - FOR THE PARTICIPANTS

- Are the contents appropriate for your eHealth Literacy training. YES NO
- If NO, what would you suggest (e.g. omit sessions, add sessions etc)
- Is the duration of the course adequate? YES NO
- If NO, what would you suggest (e.g. omit, combine or add modules etc)
- Is the duration of the modules adequate? YES NO
- If NO, what would you suggest (e.g. omit, combine or add steps/information etc)
- What would you change, add or propose for modules and duration? YES NO
- If NO, what would you suggest (e.g. omit, combine or add steps/information etc)



## Curriculum training Questions appropriateness and adequacy - FOR THE TRAINERS

- What was the duration of every module and the total duration of the course?
- Did you encountered any difficulty to deliver the modules and how did you address them?
- What would you change, add or propose regarding the duration and the content of the modules





Ευχαριστώ για την προσοχή σας!