



Алцхаймер
България

Alzheimer Bulgaria Association 2003 - 2019

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Szczecin, Poland

Why does our organization exist?

- The health and social systems are not ready to handle dementia
- Limited access to health and social services
- No national plan for dementia



What are we doing

- Advocacy and information's campaigns
- Telephone and Internet consulting
- Printing and distribution of materials for the families.
<https://alzheimer-bg.org/pechatni-izdaniya/>
- Sociological research
- Preventive programs for early diagnosis





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Engaging society through volunteering

One of our
volunteers and
members, Ivana,
was awarded by
TimeHeroes for her
activity in Friends
of Dementia
initiative





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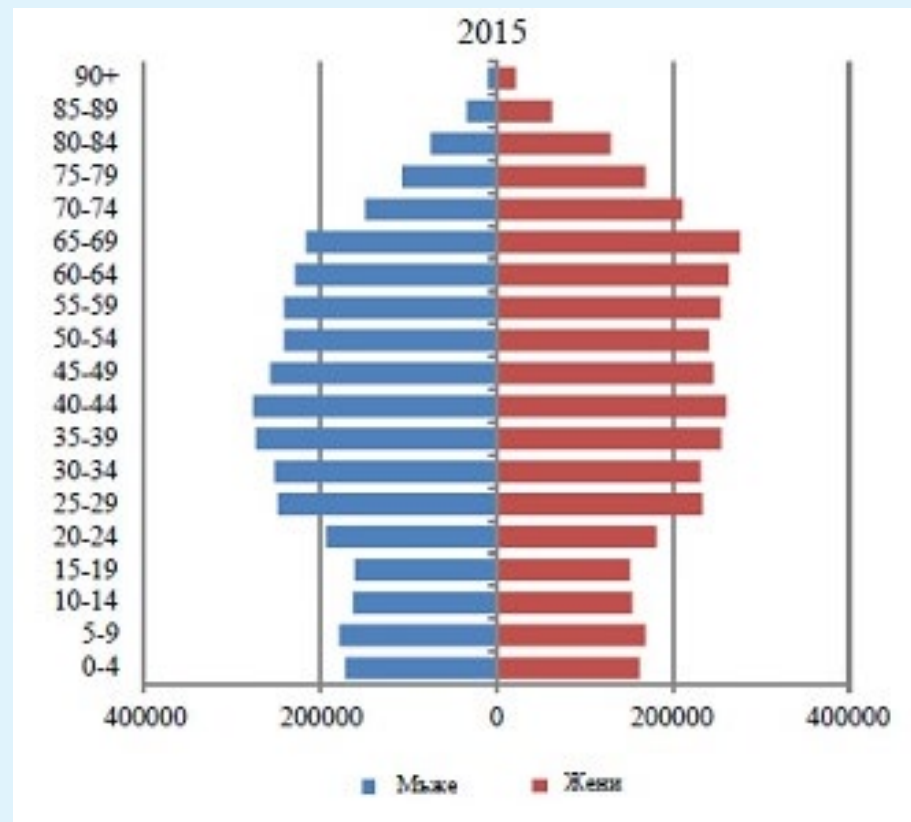
Joining forces with other organizations

“Let’s outrun dementia” was a five kilometers run for promoting benefits of sports in preventing dementia, partnering with 5krun Association



Bulgaria is aging

- Bulgaria's population is slightly more than 7 million
- 20% are aged 60 or older
- 18% are under 19 years of age





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Internet access in Bulgaria

Despite being fast and cheap, it's not too popular:

30% of Bulgarian citizens had Internet access in 2011, 64% reported to have access in 2018.

55% of the population uses the Internet daily.



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Medical professionals and digital literacy

- 97% of physicians claim to be open to using informational technologies;
- 91% recognize the need of computers in medicine;
- 77% believe to have the necessary digital skills for engaging the IT;
- About half of the respondents recognize the need of additional education;

Most demanded additional education

- Databases and medical information systems (37.64%);
- Graphical software (40.59%);
- Statistical software (47.98%);
- Specialized medical software (48.34%)
- Personal use of computers in daily medical practice (86%)
- Entering patient data by themselves (38.4%);
- Awareness of the eHealth principles (82.3%);



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Data on elder people's eHealth literacy

At this point no researches have been conducted
on the topic.



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eHealth services in Bulgaria

There is no purposeful strategy yet.

Just recently a web page was published for accessing information on Health System services, used by a patient.



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eLILY in Bulgaria

It's the first project of it's kind, targeting care-givers. The success of the project will help us in the future to spread the knowledge of the benefits of eHealth literacy.



eLILY



Co-funded by the
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ehealth Literacy Learning skills among carers of older people and people with Dementia

References

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Thank you for listening!

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