

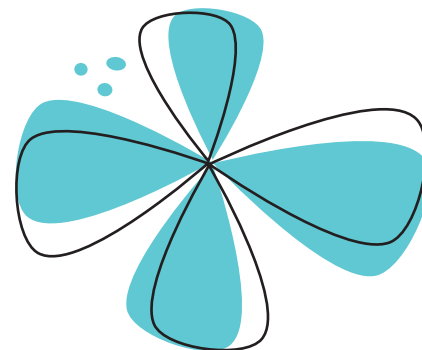
eLILY

eHEALTH LITERACY LEARNING SKILLS
AMONG CARERS OF OLDER PEOPLE AND
PEOPLE WITH DEMENTIA



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E-LILY PROJECT – INTERNATIONAL CONFERENCE PRESS RELEASE “EUROPE IS (NOT) AFRAID ABOUT OLD AGE”

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On the 6th of December 2019 the whole partnership of E-Lily Project participated in the second edition of the international conference “Europe is (not) afraid about old age” hosted by the Collegium Balticum, E-Lily project coordinator, in Szczecin, Poland.

Several speakers such as academic researchers, local authorities, police enforcement representants and health professionals took the floor, discussing the current implications and potentiality of the use of information and communication technologies in taking care of frail older people and people with dementia. The conference was organized as part of the Erasmus+ funded project E-Lily, where project partners from Cyprus, Bulgaria and Italy had the opportunity to present their findings to a crowded audience. In particular, the presentations illustrated the state of the art regarding e-health literacy at each national level, contributing in raising awareness about the use of ICT when taking care of older people.

All the presentations are available for download here!

After the conclusion of the conference, the partnership took part in a study visit organized by the host partner in the Social Welfare Centre and Assisted Houses to better understand how elderly people living in Szczecin can be assisted. In particular, they visited Social Welfare Centre “Kombatant”, one of the most relevant examples in Poland in taking care of people with Alzheimer disease, and also Assisted House Apartment, an innovative project provided by the Szczecin Municipal Family Support Centre, where elders can live in normal conditions with 24/7 assistance.

Prior to the conference, Collegium Balticum also hosted the 3rd Transnational Partner Meeting, where the whole consortium of the project could discuss the progress made in the past months and plan the next activities, namely the piloting of the blended training program for caregivers of frail older people and people with dementia. Scope of the training is to increase the level of health and e-health literacy among carers, in order to enable them to use ICT at their highest potential.

To learn more about the project visit our website:

www.elily.eu

NOTES TO EDITORS

ABOUT THE PROJECT

E-health literacy is a priority for the European Union. Health Literacy has been defined as the cognitive and social skills which determine the motivation and ability of individuals to gain access, to understand and use information. It is, therefore, extremely important to promote the people access to health information and their capacity



to use it effectively. Limited research has been done on the internet use and the level of health and e-health literacy of carers of frail older people and people with dementia providing usually confusing results.

E-Lily project, funded by Erasmus+ Program (2018-1-PL01-KA204-050659), aims to provide a blended training programme (class sessions and e-learning course) for carers of frail older people and people with dementia based on Lily theory model developed by Norman and Skinner, integrating additionally dimensions presented by Chan & Kaufman, Gilstad and adapted to fit the web 2.0 technology requirements. The e-learning programme will facilitate the class goals and will include selected modules that will assist carers training. All involved countries (Poland, Italy, Bulgaria, Greece and Cyprus) are countries with low rate of health-related internet use among older people.

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